



Crofton Working Equitation Clinic Saturday 24th February 2024

I look forward to seeing you all and your lovely horses at this clinic, below are your times:

| Session type | Start | End | Forename | Surname | Horse |
|--------------|-------|-------|------------|----------|-------------------|
| Ind | 10 | 10:30 | Debbie | Marrs | Scarlett |
| Ind | 10:30 | 11:00 | Elsbeth | Jeffery | My Peggys Diamond |
| Group | 11:00 | 12:00 | Claire | Brown | Tilly |
| | | | Isla | Gordon | Oreo |
| | | | Kerry | Tyrrell | Angel |
| | | | Millie-Mae | Barney | Calvin |
| Group | 12:00 | 13:00 | Jennifer | Mewes | Dora |
| | | | Karina | Bell | Joey |
| | | | Alison | Lelliott | Maggie |
| | | | Caroline | Bradshaw | Alvescot Fantasy |

About the Clinic:

Address for the venue is: Crofton Manor Equestrian Centre

213 Titchfield Rd, Stubbington, Fareham PO14 3EW. We'll be in the indoor school. Please use the carpark near the outdoor arenas and clear up any spilt hay and muck.

All equipment will be provided including a vara pole, however if you have your own and would like to bring it, please do.

We'll have an equipment stand.

Me or an assistant may be taking some videos or pictures to use to promote the clinics. We may also purchase photographer pictures. If you would not like to be included, please let me know.

Forthcoming Clinic dates:

Working Equitation

Quob: Sat 9th March

Crofton: Sat 24th February, Sat 23rd March and Sat 20th April.

Click here to enter:

<https://www.myridinglife.com/RemoteLocationEventList.aspx?SecretaryID=600741>

Poles Plus – mix of poles, gymnastic jumping or cavaletti and supplying exercises.

Crabbick Farm: Sun 10th March, 27th April.

Click here to enter:

<https://www.myridinglife.com/RemoteLocationEventList.aspx?LocationID=3004&from=rl>

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<https://www.facebook.com/profile.php?id=100094597673708>

What to expect from the clinic:

During the clinic we'll work on getting your horse confident around the obstacles, showing you how to complete them and explain what we are looking to see in working equitation. You may receive some guidance on things to practice at home.

It can take a few sessions to get to this stage but once your horse is confident around the obstacles and completing them all separately then we'll work on putting some elements together.

We'll then work towards putting a whole course together and talk about things to watch out for whilst competing.

Once you are confidently completing a course, we'll look to start your competition journey.

What you can do to prepare for the clinic:

Get your horse moving off your aids as much as possible. If you can, practice; leg yielding, back-up, turn on the forehand and turn on the haunches. This may be something you can focus on during your lessons with your usual instructor.

If you can do walk or canter pirouettes, collected canter, walk to canter or flying changes, practice doing this calmly. With working Equitation, we are looking for functional, accurate and elegant movements. It should appear effortless and stylish.

Don't worry if you are not yet at the stage of doing the above movements. The Working Equitation start at walk/trot level and you can introduce more of the above elements as you and your horse learn them.