

## **Crofton Working Equitation Clinic Saturday 23<sup>rd</sup> March 2024**

I look forward to seeing you all and your lovely horses at this clinic, below are your times:

Session type	Start	End	Forename	Surname	Horse
Ind	9am	9:30	Anne	Thale	Teazle
Ind	9:30	10	Wayne	Lightbown	Chico/Easy
Group	10	11	Jennifer	Mewes	Dora
			Karina	Bell	Joey
			Xanthe	Nicholls	Slider
Shared	11	12	Hattie	Woolfenden	Storm
			Claire	Brown	Tilly
Ind	12	12:30	Marina	Chan-Pensley	Izzy Torres
Ind	12:30	1pm	Debbie	Marrs	Scarlett
Ind	1	1:30	Wayne	Lightbown	Chico/Easy
Group	1:30	2:30	Kasumi	Price	Galan
			Karen	Laine	What a Shambles
			Shelley	Moody	Mystical Dreamer
Ind	2:30	3:00	Debbie	Dean	Ballyowens Winston

### **About the Clinic:**

Address for the venue is: Crofton Manor Equestrian Centre

213 Titchfield Rd, Stubbington, Fareham PO14 3EW. We'll be in the indoor school. Please use the carpark near the outdoor arenas and clear up any spilt hay and muck.

All equipment will be provided including a vara pole, however if you have your own and would like to bring it, please do.

We'll have an equipment stand.

Me or an assistant may be taking some videos or pictures to use to promote the clinics. We may also purchase photographer pictures. If you would not like to be included, please let me know.

### **Forthcoming Clinic dates:**

#### **Working Equitation**

6th April - Hampshire Rural RC

14th April - East Dorset RC Hurn Bridge EC

Quob: 12<sup>th</sup> May - Have a go sessions, come and warm up, have an allotted time to ride the course, receive some feedback and ride it again. This is a good step towards competition.

Crofton: Sat 20<sup>th</sup> April.

Click here to enter my clinics, please contact the riding clubs if you'd like to enter those:

<https://www.myridinglife.com/RemoteLocationEventList.aspx?SecretaryID=600741>

**Save the dates (booking not yet open):**

Training competition at Crofton Sat 22<sup>nd</sup> June with ABWE judging

20<sup>th</sup> July ABWE Reginal competition at Sparsholt. No qualification required but you must join the association as a silver member costing around £40 for the year.

**Poles Plus** – mix of poles, gymnastic jumping or cavaletti and supplying exercises.

Crabbick Farm 27<sup>th</sup> April.

Click here to enter:

<https://www.myridinglife.com/RemoteLocationEventList.aspx?LocationID=3004&from=rl>

**Like for more:**

If you haven't already, like my Facebook Page to see updates, posts and future events that may interest you.

<https://www.facebook.com/profile.php?id=100094597673708>

**What to expect from the clinic:**

During the clinic we'll work on getting your horse confident around the obstacles, showing you how to complete them and explain what we are looking to see in working equitation. You may receive some guidance on things to practice at home.

It can take a few sessions to get to this stage but once your horse is confident around the obstacles and completing them all separately then we'll work on putting some elements together.

We'll then work towards putting a whole course together and talk about things to watch out for whilst competing.

Once you are confidently completing a course, we'll look to start your competition journey.

**What you can do to prepare for the clinic:**

Get your horse moving off your aids as much as possible. If you can, practice; leg yielding, back-up, turn on the forehand and turn on the haunches. This may be something you can focus on during your lessons with your usual instructor.

If you can do walk or canter pirouettes, collected canter, walk to canter or flying changes, practice doing this calmly. With working Equitation, we are looking for functional, accurate and elegant movements. It should appear effortless and stylish.

Don't worry if you are not yet at the stage of doing the above movements. Working Equitation levels start at walk/trot level and you can introduce more of the above elements as you and your horse learn them.